



Hertfordshire Crisis Intervention Service

Providing help and advice to people in crisis and facing exceptional and unexpected pressures. If you qualify for help we can help you with things like food, clothing, furniture schemes and emergency loans or grants.

Tel: 0300 123 4044
Email: info@hertshelp.net
Web: www.hertshelp.net

HertsHelp Advocacy Services

Advocates are qualified, independent people who support those who have difficulty understanding information and advice, retaining or weighing up the information or communicating their views. They are usually linked to social care and health matters.

Ask your social care or health professional to refer you.

HertsHelp makes getting the right support easy in Hertfordshire

Tel: 0300 123 4044
Email: info@hertshelp.net
Web: www.hertshelp.net

Calls to 0300 cost no more than a national rate call to a 01 or 02 number. Call us if you would like help to understand this information or need it in a different format.



British Sign Language (BSL)
remote video interpreting
service available

Tel: 0300 123 4044 (Calls to 0300 cost no more than a national rate call to a 01 or 02 number)
Textphone: 0300 456 2364
Email: info@hertshelp.net
Skype: HertsHelp
Text: Text hertshelp to 81025

Office hours are 8am to 6pm Monday to Friday.

HertsHelp may need to take your details and pass them on to someone else who can help you, but they will always ask for your permission to do this.



HertsHelp

Independent information and advice services in Hertfordshire

☎ 0300 123 4044
@ info@hertshelp.net
🌐 www.hertshelp.net



Do you want to be more active?

Would you like to meet more people?

Need advice on benefits or debt?

Are you caring for someone?

Are you going through a crisis?

Can we support you to stay safe and independent at home?

HertsHelp are free, independent services available to everyone who lives in Hertfordshire. HertsHelp services are funded by Hertfordshire County Council and NHS partners and delivered by local community organisations all sharing the name HertsHelp.

HertsHelp will listen and support you to find the help you need and can put you in touch with organisations that can help. Some organisations may charge for their services but will let you know the start.

The HertsHelp Information Helpline has qualified staff waiting to offer independent information and advice on local community and voluntary services in Hertfordshire for you, your family or if you are a family carer.

We can organise a web chat through Skype or BSL video remote interpreting ; otherwise contact us on the details below:

Tel: 0300 123 4044

Email: info@hertshelp.net

You can also search the Hertfordshire Directory at **hertfordshire.gov.uk/directory** for community and voluntary organisations.



HertsHelp @ Home

An extension of the helpline that offers practical solutions through a home visit to discuss and understand local services available and helping you to access them. No formal referral is needed just talk to HertsHelp via phone or email.

Tel: 0300 123 4044

Email: info@hertshelp.net

HertsHelp Community Navigators

A community based service in the West that operates across Watford, Three Rivers, St Albans, Dacorum and Hertsmere. The service helps people to identify and access community support that will help people to maintain their independence, health and wellbeing.

Ask your social care or health professional to refer you.

HertsHelp in the Hospital

Based in hospitals and offering information, advice and practical support to help people get home safely and get the support they need. Ask your social care or health professional to refer you or:

Tel: 0300 123 4044

Email: info@hertshelp.net

HertsHelp Funding Your Care

Telephone helpline for independent financial advice and information related to funding care.

We can talk to you about:

- Care planning
- Hertfordshire's charging policies and if you qualify for support
- The Care Act changes
- Benefits advice and debt counselling
- Referrals to regulated financial services.

Tel: 0300 123 4044

